

# Crusader Sports Fall 2023

Crusader sports are from all four Catholic elementary schools in Quincy.

To all Crusader sports families:

Listed below is information for fall Crusader sports.

All student-athletes must have an up to date physical on file at their grade school office to play Crusader sports. Also attached is the sports waiver all athletes must have filled out and given to their coach.

**All sport assessment fees will be \$215.00 per athlete for the 2023-24 sports calendar. Checks are made out to QCES and given to your sport coaches.**

## **Crusader Baseball**

Coach- Ryan Hulett

Email- [rhulett@wculife.org](mailto:rhulett@wculife.org)

Cell- 217-779-6585

Practice/Tryouts- August 3<sup>rd</sup> @ Blessing Field in Upper Moorman Park

7<sup>th</sup> & 8<sup>th</sup> Grade Boys

6<sup>th</sup> grade boys are welcome to tryout depending on our numbers.

## **Crusader Cross-Country**

Coach- Leah Waters

Email- [Lj82003@yahoo.com](mailto:Lj82003@yahoo.com)

Cell- 217-440-4489

1<sup>st</sup> week of practice- July 31<sup>st</sup> thru August 4<sup>th</sup>

6:30 am to 7:45 am @ Quincy's South Park

Open to 5<sup>th</sup> thru 8<sup>th</sup> grades

## **Crusader Softball**

Coach- Eric Orne

Email- [athletics@quincynotredame.org](mailto:athletics@quincynotredame.org)

Cell- 217-257-2848

Practice starts- July 27<sup>th</sup> 11:00 am to 12:30 pm &

July 28<sup>th</sup> 8:30 am to 10 am

Open to 5<sup>th</sup> thru 8<sup>th</sup> grades

## **Crusader Golf**

Coach – Brian Hendrian

Email- [B\\_Hendrian@yahoo.com](mailto:B_Hendrian@yahoo.com)

Cell- 217-316-1336

Practice starts August 7<sup>th</sup> @ Westview Golf Course 9 am

Grades- 5<sup>th</sup> thru 8<sup>th</sup>

Thanks,  
Coach Eric Orne  
Athletic Director  
IESA Crusader Sports  
[athletics@quincynotredame.org](mailto:athletics@quincynotredame.org)

**A note from, Mrs. Julie Radel, Principal of St. Francis Solanus School**

The school physical for sixth grade counts as the sports physical.

A sports physical does NOT count for the sixth grade Illinois school physical exam.

Students entering fifth, seventh or eighth grade may get a sports physical from a health care provider of their choice. Some local healthcare places are offering sports physicals at a reduced rate this summer.

Crusader sports are part of the Illinois Elementary School Association. Grades are checked weekly. Students who have the grade of an F or two D grades will not be eligible to practice or play for a minimum of one week. See the SFSS Student handbook on the parish website in the "school" section. Mr. Shaun Carey, Dean of Students, monitors athlete grades at St. Francis Solanus School. Parents may check grades in FACTS at any time.

Crusader sports are still seeking applicants for the softball coach position. Contact Eric Orne to apply.

**2023-24**

**ATHLETIC PARTICIPATION & INSURANCE WAIVER FORM:**

**Student's Name** \_\_\_\_\_

**Birthdate:** \_\_\_\_\_

**Parent's Name(s)** \_\_\_\_\_

**Address:** \_\_\_\_\_

\_\_\_\_\_

**Phone:** \_\_\_\_\_

**School of Attendance** (circle one):    St. Peters            St. Dominic            St. Francis Solanus  
Blessed Sacrament

Current School Year: July 1, 2023 to June 30, 2024

I understand that participation in any extracurricular activity or sport is a privilege and not an exclusive right in the Quincy Catholic Elementary Schools.

I also acknowledge that there are inherent risks associated and accompanied with sports and activities and that my child may be injured as a result of an accident arising out of participation in athletics or activities.

In consideration for permitting my child named above to participate in sports and/or activities, I release and hold harmless St. Peters, St. Francis Solanus, St. Dominic, Blessed Sacrament and/or its employees, teachers, coaches, administrators, et al., from any and all liability including, but not limited to liability for injuries or damages sustained by the individual.

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**Insurance Waiver**

I also understand that my child must be covered by medical and/or accident insurance in order to participate in sports and hereby certify that my child is covered for injuries and/or death occurring as a result of participation in, or the practice for, all athletic events as a student in the Quincy Catholic Elementary Schools (St. Peters, St. Francis Solanus, St. Dominic, and Blessed Sacrament) during the current school year. I also certify that said insurance will be kept in force during the full time that my child engages in the practice for or participation in athletic events during the current school year.

Name of Insurance Company \_\_\_\_\_

Address of Insurance Company \_\_\_\_\_

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I have completed all of the information requested above and hereby certify that I have read and agree to all of the statements listed above.

\_\_\_\_\_

(Signature of Parent or Guardian)

\_\_\_\_\_

(Date)

### Emergency Contact Information

**Sport:** \_\_\_\_\_

**Child's Name:** \_\_\_\_\_

**Birthdate:** \_\_\_\_\_

**School and Grade:** \_\_\_\_\_

**Parent Name(s):** \_\_\_\_\_

**Parent Phone Numbers:** \_\_\_\_\_

**Emergency Contact (If parent is not available):**

**Name:** \_\_\_\_\_

**Relationship to child:** \_\_\_\_\_

**Phone Numbers:** \_\_\_\_\_

**\*\*\*Please turn these forms into your Crusader Coach to keep in their files\*\*\***

Crusader Athletics  
c/o Eric Orne